

'It's very shameful that people are dying of hunger in 2017'

- Hassan Ibrahim, **metroNEWS**

Halifax metro

LOOSE CHANGE



250 pound Canadian coin — worth millions — nabbed in museum heist

metroNEWS

Your essential daily news | TUESDAY, MARCH 28, 2017

High 1°C/Low -1°C Sleet and snow

AT HOME IN HALIFAX

Syrian newcomers to host fundraiser to say thank you for making them feel so welcome
metroNEWS



Yaser Alkayale, president of the Dalhousie University Syrian Student Society, on Monday. JEFF HARPER/METRO

High on the idea

LEGALIZATION

But advocate hopes province finds innovative ways to sell weed



Ben Macintosh
For Metro | Halifax

A recreational pot supporter in Halifax is applauding the expected announcement by the federal government that recreational marijuana could be legal by July 1, 2018.

Chris Henderson, general manager of Halifax's High Life Social Club, said he hopes the impending move will encourage more people to be open about their pot usage.

"Younger people are more open about their usage, you don't hear about the older generations and cannabis," he said in an inter-

view on Monday. "I hope this encourages older people."

The announcement comes after the Liberals promised during their election campaign to have legislation to legalize marijuana in place by the spring of 2017.

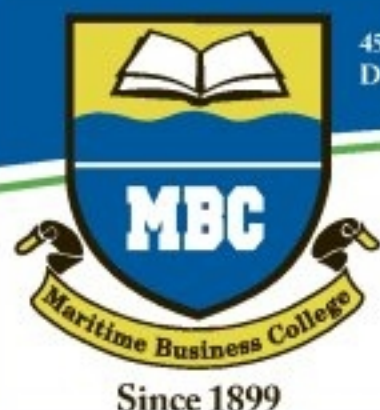
The federal government will set the minimum age at 18 and will license producers. Provinces will control sales and age restrictions.

"When the provinces are the ones who set the age it creates differences, and it makes pot less inclusive," said Henderson.

He said he hopes Nova Scotia will be the leader in innovative ways for retailers to sell legalized marijuana in Canada.

"It shouldn't be sold in liquor stores. If businesses like mine can sell it, it creates more customers and a new revenue stream," he said.

Henderson said police have been more relaxed with marijuana usage among adults.



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Province accountable for hospital overspill: Union

HEALTH

Study indicates patients are at risk when kept in ER hallways

Staff at Atlantic Canada's largest hospital has had to perform CPR in elevators and hastily erect brown paper room dividers due to spillover from a crowded emergency department, says a union study.

The Nova Scotia Government and General Employees Union released the report on Monday tracking a rise in so-called code census incidents at the Halifax Infirmary, when the emergency department declares the ward is "unsafe" and starts sending patients to in-patient units.

Last year, the Infirmary had 146 code census incidents, up sharply from the 87 times the rapid transfer system was enacted seven years earlier, though the figures have fluctuated.

In January, there were 23 code census calls — a new high for a single month.

"Code census only moves the

problem of overcrowding onto in-patient floors," said Jason MacLean, the union president, during a news conference in Halifax.

MacLean said he couldn't comment on whether there have been deaths or injuries directly related to the overcrowding.

However, the union report includes several anonymous accounts from senior nursing staff who allege patient safety was harmed as a result of the influx of ER patients, as backlogs emerged between units and patients are left in hallways.

In one account, a nurse told researchers the sudden arrival of emergency patients meant patients in intensive care couldn't be transferred into regular beds when they were improving.

"It can take an hour or up to five hours to get the patient into intensive care units ... and we have had some very critical incidents like doing CPR in the elevator and so on," the staff person said.

"We gave the patient a cell phone and our number and said 'call us if there are any concerns,'" said the account from an unnamed registered nurse.

The union also released statistics obtained through freedom of information that documents the growing use of the ER and longer wait times for patients.

According to the report, slightly over 72,000 patients turned up at the Halifax Infirmary's emergency department last year, about 14,000 more than in 2008-09.

The union made 15 recommendations to the Nova Scotia Health Authority and the Health Department, including the need to publicly document code census calls and treatment wait



The QEII Health Sciences building in Halifax. Staff say the hospital had 146 incidents last year where the emergency department declares a ward to be unsafe. ALL PHOTOS METRO FILE



It's not safe for code census to be called virtually every day in a one-month period.

Jason MacLean

times, and to revisit policies on staffing levels when overcrowding occurs.

It suggests the health authority conduct an automatic review when any long-term care patient — usually people awaiting care in nursing homes — has been occupying a hospital bed for more than four months.

Health Minister Leo Glavine sent an email thanking the union for its "long and detailed report," and said his staff will be reviewing it.

NDP Leader Gary Burrill said the health authority has neglected primary care in recent years, as it focused on a complex restructuring to create a single health agency in the province.

He also criticized the Liberals for failing to move more rapidly on opening new nursing home beds, leading to more hospital space being used by elderly patients who can't find a spot in a long-term care home.

Health authority spokeswoman Kristen Lipscombe said

the authority "has established an action team aimed at improving patient flow across the province's health care system."

"The recommendations in the union's report highlight a number of factors that are already areas of focus for NSHA. We welcome the collaboration of unions in addressing them," she said.

MacLean said the union plans to continue doing freedom of information requests and releasing monthly statistics on wait times and the frequency of the code census calls.

"Government is accountable for this problem. They've ignored it so far because they've been allowed to ignore it this far," he said. THE CANADIAN PRESS

ELECTIONS

Man broke donation rules, says watchdog

The person tasked with policing elections in Canada has laid five charges against a Nova Scotia man over allegations that he violated strict limits on political donations.

The commissioner of Canada elections alleges Joseph Patrick Shannon exceeded contribution limits to various candidates and multiple parties between 2008 and 2015.

Campaign financing rules puts annual caps on political donations from individuals.

The election's watchdog laid the charges against Shannon, who is from Port Hawkesbury, on March 16, but only released the information Monday.

Elections Canada's contribution database shows that Shannon donated at least 14 times to the Liberals during that time frame, eight times to the Tories, and twice to the NDP.

The contributions data show he donated almost \$22,000 during that time frame, including a \$1,000 donation in 2013 to help Justin Trudeau's campaign.

THE CANADIAN PRESS

BY THE NUMBERS

14

The watchdog says Joseph Patrick Shannon donated 14 times from 2008-2015.

\$22K

In that time, Shannon donated nearly \$22,000 to political parties.

+ ALLEGATIONS

Two patients were placed in a private room separated by a sheet of brown paper," says the 66-page report.

In February, the hospital had to put a patient in a family waiting room for the night, according to the report.

AGRICULTURE

Nova Scotia has blueberry blues as prices hit 'all-time low'

High inventories, dropping prices and growing competition in the wild blueberry industry are some of the reasons behind Bragg Lumber Company's decision to pull out from Yarmouth County.

The company sent letters out to local growers earlier this year to inform them of the change.

Bragg Lumber manages over 25,000 acres of blueberry land in Atlantic Canada and has provided

service and supplies to over 1,000 independent blueberry growers in the Maritimes.

For the past several decades, the company has sent equipment to manage local blueberry fields, then harvest and transport the crop, paying the property owners a price per pound.

Bragg Lumber manager Graham Wood says it is a challenging time for the blueberry industry.

"Prices are at an all-time low," he said.

"Wild blueberries are now competing with all the fruits of the world as an ingredient fruit."

Imports of high-bush blueberries from other countries are also lowering local crop profit.

Wood added that Bragg Lumber harvested about 300,000 pounds of wild blueberries in the past from Yarmouth County

growers. Although these growers can still sell to the company, they must now harvest and transport the crop themselves to Collingwood in Cumberland County.

Peter Rideout, executive director of the Wild Blueberry Producers Association of Nova Scotia, says there's no question the industry is in a downturn.

"It's going to take a little while to get things back on an even

keel again," he said.

Industry representatives were scheduled to meet this past weekend to discuss the situation and how to grow demand for their product.

Meanwhile, one of many small-scale blueberry growers in the area says he doesn't know what he'll do with his couple of acres.

"It's going to be a total loss.

Basically the raccoons and the deer are going to get them," he said.

Changing the fields to a u-pick operation is not really an option, he added.

"It's difficult to do with low-bush berries. People don't tend to walk around the edges and pick. They walk out into the middle and flatten berries."

TC MEDIA



Protestors gather outside the Sobeys in Upper Tantallon last year regarding a case of racial profiling. JEFF HARPER/METRO

Racial profiling 'the norm'

HUMAN RIGHTS

Four people tell Metro their stories of discrimination



Grace Gormley
For Metro | Halifax

A free online course called "Serving All Customers Better," launched by the Nova Scotia Human Rights Commission on Monday is intended to help businesses and employees address and prevent consumer racial profiling. The course, which is the first of its kind in Canada, was officially announced during a press conference at the Halifax Chamber of Commerce.

In the wake of the announcement, Metro Halifax spoke to four prominent members of the black community about whether they had been the victims of racial profiling. Here are their stories.

Rev. Lennett Anderson, Emmanuel Baptist Church

Rev. Lennett Anderson described racial profiling as living

with a sense of anxiety. He said he has 'definitely' felt this on several occasions.

Anderson remembered one situation in particular at a local restaurant, where he was sitting waiting to be served while others who came in after him were immediately getting their orders taken.

"I would think they just want my business," he said following Monday's announcement where he spoke to those on hand.

Anderson believes it would be hard to find any member of a visible minority in Halifax who can't identify with the same reality.

"It's not a figment of our imaginations," he said.

Now, he is trying to believe in the software launch and is hopeful it will make a change.

"It's so critical," he said.

Carlos Beals, CeaseFire Halifax outreach worker

Carlos Beals said racial profiling happens to him frequently, and he has learned to ignore it the best he can. Over the years, he hasn't often been directly targeted but said it's still very uncomfortable.

Sometimes, Beals said he will enter a store and be observed to a point that he is afraid to put



Rev. Lennett Anderson
GRACE GORMLEY/FOR METRO

his hands in his pockets.

"It's because of my skin, and it's just the norm," he said.

Beals has also noticed when he's wearing business casual attire he's left alone. When he's wearing street clothes like jeans and a hoodie, it's a different story.

"It makes me feel like garbage, and like less of a person," he said.

Although he hopes racial profiling will stop, Beals is skeptical of the new software launch announced Monday. He said a 20 minute online course won't alter preconceived ideas a person may have.

"It's going to take a lot more than 20 minutes to change that way of thinking."

+ ALL GROUPS TREATED POORLY: CEO

More than a decade after racial profiling was identified as a festering problem among some police forces, it is now being addressed in another sector: retailing.

After years of complaints about retail staff who routinely follow, search, ignore, insult and provide poor service to visible minorities, one province has decided to do something about it in a big way.

Christine Hanson, CEO of the Nova Scotia Human Rights Commission, said the need for such a training program was reinforced in 2013 when the commission

released a groundbreaking report that concluded aboriginal people and African Canadians more often reported being treated poorly by retail staff than did any other group.

"In fact, people from all racialized groups, including Asian, Latin American and Middle Eastern people, reported being treated poorly by staff far more than did white people," the report said. "In the focus groups, several participants commented on being made to feel 'lower class' or like 'second-class citizens' when shopping."

THE CANADIAN PRESS

Rev. Rhonda Britton, Cornwallis Street Baptist Church

Rhonda Britton has never been confronted in a store before, but said she has 'very definitely' felt as if she was being racially profiled.

"No one's ever stopped me, but I just knew," she said by phone on Monday.

In one store Britton often visits, she said she goes to a corner to look at the children's items

where there isn't a lot of foot traffic from other customers.

She said every time, an employee finds a reason to come adjust things beside where she's standing.

She said the same thing happens to her at a jewelry display she likes to look at.

"If I linger there too long, somebody will find a reason to come over."

Britton said she doesn't have

enough information about the actual online course, but she doesn't know how well it will work.

Quentrel Provo, CEO/Founder of Stop the Violence Spread the Love

Quentrel Provo has felt the negative effects of racial profiling.

The Halifax activist said some places he goes it feels like he's getting followed around even though he has never stolen anything in his life.

"It's just because I'm a black man."

Provo also remembers entering a jewelry store to look for a ring for his fiancée, and not receiving any service.

A few minutes later, a white man entered and the employee working immediately greeted the man and offered him service.

"Did that really just happen?" Provo said of his thoughts that day.

He left and went elsewhere to purchase the engagement ring.

Provo said he is excited for the step forward with the program launch, and thinks it's good that they are educating people about racial profiling.

"We're all the same, just different skin colours."

Syrian refugees find way to give back, say thanks

NEWCOMERS

Fundraising event includes cuisine and performances



Yvette d'Entremont
Metro | Halifax

More than a year after Nova Scotians welcomed them with open arms, a group of Syrian refugees is saying thank you by hosting a fundraising event for Habitat for Humanity.

"For the past year Syrian newcomers have been coming and getting help in different communities and we fund-raised a lot for them and so now they want to give back to the community," said Yaser Alkayale, president of Dalhousie University's Syrian Student Society. "We wanted to do that through culture, food and also fundraising for Habitat for Humanity. Lots of the newcomers were living in refugee camps in Jordan or other places, and so they (newcomers) wanted to build homes for the homeless."

Shokran Canada (shokran means thank you in Arabic) is being held this Thursday night in collaboration with Dalhousie University's Syrian Student Society.

Alkayale, a third year computer science student, founded the society a year and a half ago.

"I created it as a way for Syrian newcomers to have a base once they get into Dalhousie,"



Yaser Alkayale is president of the Dalhousie University Syrian Student Society. JEFF HARPER/METRO

he recalled.

"I couldn't find a Syrian Society and I thought 'There are so many students who are going to be coming here in the next year or so and this will be great for them.'"

Alkayale, a group of 50 Syrian newcomers and dozens of volunteers have been planning the fundraising cultural event since October.

Although the group initially expected to sell 200 tickets, Alkayale said they're close to their goal of 400. He and a group of volunteers have been helping

with the organization, but he said the newcomers are running the show.

"It has been amazing. They are super excited to show their culture to the different communities that have been helping them this past year," he said.

The Syrian cultural event will include a full course Syrian meal, singing, dancing. A traditional dance with swords and shields and a play will be among the highlights.

"One person involved is Mohammad Harb. He used to

+ IF YOU GO

- There are a limited number of tickets left for Shokran Canada which takes place at Dalhousie University's Student Union building on Thursday from 6 p.m. to 9 p.m.
- More info at www.shokrancanada.eventbrite.ca.

do plays in refugee camps and he was on TV a few times there and got a little bit popular and

he wanted to do (a play) here," Alkayale said.

Last year, an impromptu potluck served as the first Shokran Canada. Alkayale said this year's more organized event marks the beginning of an annual fundraiser for Syrian newcomers to give back.

"The most important part here is not just having fun, but also the fundraising part for Habitat for Humanity," he said.

"We aren't just doing this as a side thing. We want to make a difference and be able to do something great."

Halifax DIGEST

DIGBY

Second case of travel-related measles confirmed

The province's second travel-related case of measles was confirmed in Digby on Thursday and is linked to last week's confirmed case in Queens County.

"It's quite a contagious virus, so not unusual that we would have more cases identified," Dr. Lynda Earle, medical officer of health for South West, South Shore and Annapolis Valley, said in a news release.

The virus poses little risk, since most people are vaccinated. All current confirmed cases have been young adults.

Exposure to the Digby measles case could have occurred at the following locations and dates:

- The Dockside Restaurant on March 17
- Roof Hound Brewing Company, on March 17 and 18
- Sunset Pub on March 17

Symptoms may develop for those exposed from now until April 11.

TC MEDIA

CRIME

Man pleads guilty to indecent assault

A 71-year-old Halifax man, formerly of Glace Bay, will be sentenced June 21 after pleading guilty Monday in Supreme Court to two counts of indecent assault and a single count of gross indecency.

The offences occurred between 1972 and 1982 in Glace Bay and Mira Road and involve two male victims.

The name of man was ordered banned from publication Monday to protect the identities of the two victims. TC MEDIA

ART

Maud Lewis painting found in thrift shop to be auctioned

A painting by Nova Scotia folk artist Maud Lewis has turned up in a southern Ontario thrift shop.

Volunteers at the Mennonite Central Committee Thrift Centre in New Hamburg, Ont., southwest of Kitchener, came across the piece while sorting through donations.

The work, entitled "Portrait of Eddie Barnes and Ed Murphy, Lobster Fishermen, Bay View, N.S." is painted on beaverboard, a pulp board Lewis used for many of her paintings.

Living in poverty for most of her life, Lewis sold her paintings from her small home near Digby, N.S., for as little as

\$2 and \$3. Since her death in 1970, Lewis's paintings have sold for up to \$22,000.

After achieving national attention through an article in the Star Weekly and being featured in a CBC TV documentary, two of her paintings were ordered by the White House during Richard Nixon's presidency.

The painting is to be sold through an online auction to support Mennonite Central Committee's relief, development and peacebuilding work. The auction is to begin following an advance screening of the movie, "Maudie," starring Sally Hawkins and Ethan Hawke, on April 20 in Waterloo, Ont., and

end on May 19.

"Maudie" celebrates Lewis' life and has received awards and accolades, including the Super Channel People's Choice award at the Vancouver International Film Festival.

Following the film screening, the painting will be available to view along with other Maud Lewis pieces from a local art enthusiast who has also written extensively about Maud Lewis.

"There's something moving about the work of an artist - who lived most of her life in poverty - supporting those also facing those same realities," Rick Cober Bauman, MCC Ontario executive director, said

in a release.

"By supporting emergency relief efforts, sustainable development initiatives, and peacebuilding projects in Ontario and around the world, the legacy of Maud Lewis' work will extend even further, making a real difference for others in need," he said.

Karla Richards, general manager of the thrift centre, said the work was authenticated soon after "one of our amazing volunteers noticed the painting in a bin of art."

The painting will be on view from April 21 to May 19 at the Homer Watson House and Gallery in Kitchener.

THE CANADIAN PRESS



Volunteer Louis Silcox and General Manager Karla Richards display the original Maud Lewis painting discovered at the New Hamburg Thrift Centre. COURTESY OF MCC

Boy aims for puck, scores a lot more

NHL team treats local boy and his family to a great experience



Ben Macintosh
For Metro | Halifax

A nine-year-old boy from Eastern Passage got more than a signed hockey puck at his first NHL game.

He met an entire team — on its bus no less.

Caiden Chambers watched the warmup for the game between the Carolina Hurricanes and the Montreal Canadiens at the Bell Centre March 23.

Chambers was wearing his Atom team's sweater that had a Hurricane logo on the front on it, while holding a sign saying: "It's my first NHL game. Can I please have a puck?"

Lee Stempniak, a forward for the Hurricanes, would flip

a puck to Chambers, and instantly became his favourite player, bypassing teammate Jeff Skinner.

"That was his first NHL game and there is no way anything can top that," said Curtis Chambers, Caiden's father, in an interview on Monday.

It was also a good night for Stempniak who scored two goals in the Hurricanes' 4-1 win.

After the game, Caiden and his family were waiting to see if a player would sign his puck.

Curtis decided to send a tweet to the Hurricanes' twitter account to see if someone would come and sign it for him.

Hurricanes Head Coach Bill Peters did one better. He came out of the arena and invited



Above: Caiden Chambers at his first NHL game between the Montreal Canadiens and the Carolina Hurricanes. Right: With his favourite player Lee Stempniak, on the Carolina Hurricanes' team bus. CONTRIBUTED

Caiden and his family onto the bus and to meet the entire team.

"It was huge for him, most people don't get to meet these players. It was like he was in a candy shop," his father said.

It was a special night for everyone, a once in a life op-

portunity, said Curtis. The story is also now being shared across social media after being profiled on NHL.com through the Hurricanes.

"At the end of the night we felt like going and buying a lottery ticket, we were just so lucky," Curtis Chambers said.



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Emissions target elusive

ENVIRONMENT CANADA

Report says we are on pace to miss reduction target for 2030

Environment Canada is projecting that, based on policies in place last November, the country was on pace to miss its reduction target for greenhouse gas emissions by 2030, pumping out at least 30 per cent more than promised that year.

The projections, which were compiled in February and published online this month, are not a forecast of how emissions will change in the coming years. The report describes the projections more as an educated guess based on policies in place as of Nov. 1, 2016.

The projections don't factor in technological and regulatory changes after that day, for example, and are "most appropriately viewed as a range of plausible outcomes," the report says.

The biggest development since Nov. 1 is the unveiling of the Pan-Canadian Framework on Clean Growth and Climate Change, a federal-provincial deal to cut emissions that was inked last December.

Erin Flanagan, director of federal policy for the Pembina Institute, said the report is nonetheless a "red flag," as it underlines how the government must remain vigilant and committed to cutting emissions that contribute to climate change.



The Syncrude oilsands plant, north of Fort McMurray, Alta., in 2009. **Environment Canada says oil prices and economic growth are some of the factors that will impact Canada's greenhouse gas emissions.** MARK RALSTON/AFP/GETTY IMAGES FILE

"It is a constant reminder that our job is not done," Flanagan said.

"Politicians have an unhelpful habit of announcing plans and thinking that the announcement means they can transition to other priorities. We need to see constant engagement from the federal government, and from the

provinces and territories."

According to the Environment Canada projections based on policies as of Nov. 1, Canada will emit between 697 megatonnes and 790 megatonnes of greenhouse gases in 2030, depending on a range of factors that include oil prices and the rate of economic growth.

Canada's goal under the Liberal government is to cut emissions to 523 megatonnes in 2030 — a reduction of 30 per cent below 2005 levels.

Mélanie Quesnel, a spokesperson for Environment and Climate Change Canada, said in an email Monday that the projections in the report don't include the accelerated phase-

out of coal by 2030, which was announced in late November. She said the projections also only feature estimated reductions under existing provincial carbon pricing regimes in B.C., Alberta, Ontario and Quebec.

The Liberal government has vowed to bring carbon pricing regimes to all provinces by 2018. TORSTAR NEWS SERVICE



The "Big Maple Leaf" coin

Gold coin pinched

A massive gold coin issued by the Royal Canadian Mint has been stolen from a museum in Germany.

Police in Berlin say thieves broke into the German capital's Bode Museum before dawn Monday and made off with the 100-kilogram gold coin worth millions of dollars.

The "Big Maple Leaf" coin, which is three centimetres thick with a diameter of 53 centimetres, has a portrait of the Queen on one side and maple leaves on the other.

The museum, which has one of the largest coin collections in the world, said on its website that coin has been on loan in its numismatic collection since 2010.

It was issued by the Royal Canadian Mint in 2007 and it is in the Guinness Book of Records for its purity of 999.99/1000 gold.

Royal Canadian Mint spokesman Alex Reeves says the coin does not belong to the mint and the owner is unknown.

He said it has a face value of \$1 million, but by weight alone it would be worth almost \$4.5 million US at market prices.

THE CANADIAN PRESS

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The UN World Food Program warned the situation could mirror the 2011 crisis that killed about 260,000 in the Horn of Africa. THE ASSOCIATED PRESS

'Just heartbreaking'

Drought and armed conflict have left much of Somalia grappling with starvation



Gilbert Ngabo
Metro | Toronto

The story still gives Hassan Ibrahim nightmares.

Earlier this year, a woman and her three young children left Somalia's northeastern region of Garoowe, one of the areas hit hardest by the ongoing drought. They walked 10 days to Mogadishu, the capital city where many non-profit organizations have been assisting thousands of Somalis. By the time she reached it, all three of her children had starved to death on the way.

"Just heartbreaking," said Ibrahim, originally from northern Somalia but a resident of Canada for more than 20 years. "It's very shameful that people are dying of hunger in 2017. There's just too much wealth in the world, and this famine situation could have been easily prevented."

Somalia is one of four countries facing famine, a result of both long drought and the ongoing conflict with terrorist rebels Al Shabab. By the end of last month, more than 250,000 people had left their rural homes to join settlements in urban areas or cross the border into neighbouring countries.

The UN World Food Program, one of many groups providing assistance on the ground,



Members of the Somali Canadian Task Force on Famine Prevention in Somalia have teamed up with Islamic Relief Canada to raise funds that will help buy food. CONTRIBUTED

HOW YOU CAN HELP

Somali-Canadians across the country and many other NGOs are leading efforts to assist those affected by famine in Somalia:

Somali Canadian Task Force on Famine Prevention in Somalia: Formed last month as a response to the ongoing famine, the group has raised over \$300,000 through Islamic Relief Canada. More info at islamicreliefcanada.org

Horn of Africa Development Assistance: The Ottawa-based non-profit runs development projects in Somalia aimed at fighting poverty and building capacity. To get involved or donate, visit hada.ca

warned the current situation could mirror the 2011 crisis, when a full-blown famine in the Horn of Africa killed about 260,000 people.

Members of the Somali Canadian Task Force on Famine Prevention in Somalia have teamed

up with Islamic Relief Canada to raise funds that will help buy food supplies for people affected by famine.

But Ibrahim, 42, fears it could get worse, especially since signs of hunger are now spread all over the country.

ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

Monday Vicky Mochama on how Canada can step up its interventions.

Tuesday Focus on Somalia, and how this could be worse than 2011.

Wednesday Yemen, and the role of war in the ongoing famine.

Thursday The situation in South Sudan, the world's youngest country.

Friday Nigeria, with views from diaspora members and a local expat

"People are losing 500 or 600 heads of camels and sheep and cows," he said, noting the country mostly subsists on the cattle industry. "This is the worst we've seen in our lifetime."

Ibrahim and other Somali Canadians are leading fundraising efforts across the country. Last month, the newly formed Task Force on Famine Prevention in Somalia sent a letter to Justin Trudeau asking him to do more.

"We just want the world to know they can help save lives," he said.

BY THE NUMBERS | SOMALIA



1 in 2

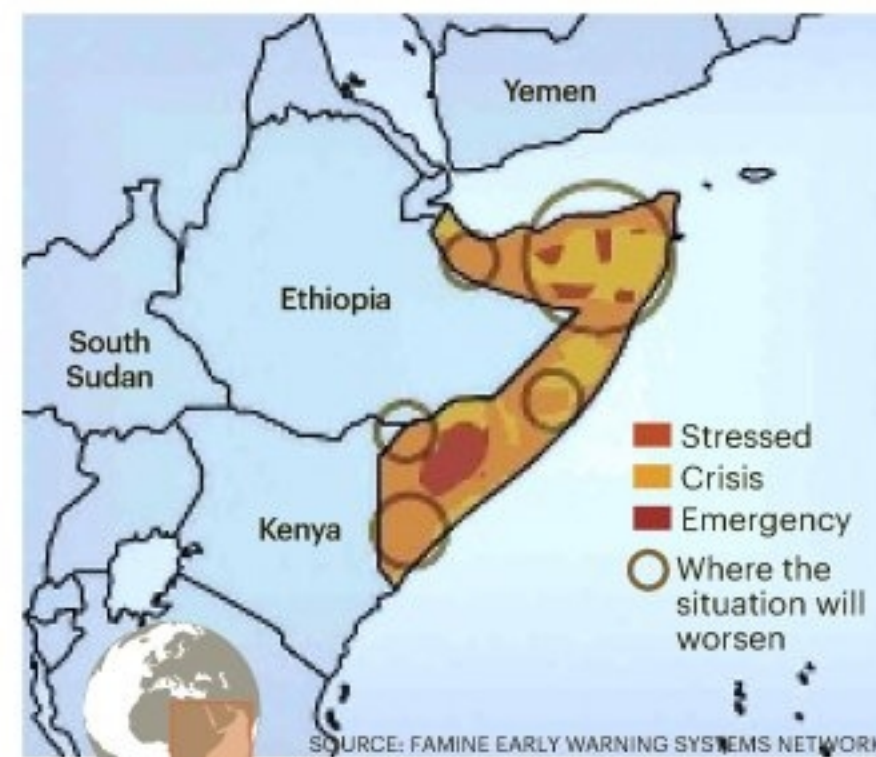
Somalia has a population of 12.3 million. Of its entire population, nearly **6.2 million people are food insecure**



363,000 children under five are acutely malnourished

\$283.7 million / **\$863.5 million**
Total funds raised to avert the famine crisis / Total funds needed

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS



SOURCE: FAMINE EARLY WARNING SYSTEMS NETWORK

Man's motive still a mystery

LONDON ATTACK

'No evidence' that Khalid Masood had link to Daesh

Police have found no evidence that the man who killed four people in London last week was associated with the Islamic State group or al-Qaida (a.k.a. Daesh), a senior British counterterrorism officer said Monday.

Deputy Assistant Commissioner Neil Basu of the Metropolitan Police said Westminster attacker Khalid Masood clearly had "an interest in jihad," but police have no indication he discussed his attack plans with others.

Basu, who also serves as Britain's senior national co-ordinator for counterterrorism policing, said last Wednesday's attack — in which Masood ran down pedestrians on London's Westminster Bridge before fatally stabbing a policeman guarding Parliament — "appears to be based on low-sophistication, low-tech, low-cost techniques copied from other attacks."

Masood, 52, was shot dead

by police after his deadly rampage, which police have revealed lasted just 82 seconds.

Police believe Masood — a Briton with convictions for violence who had spent several years in Saudi Arabia — acted alone, but are trying to determine whether others helped inspire or direct his actions.

Detectives on Monday continued to question a 30-year-old man arrested Sunday and a 58-year-old man arrested shortly after Wednesday's attack. Both were detained in the central England city of Birmingham, where Masood had recently lived.

Prime Minister Theresa May said last week that Masood was "a peripheral figure" in an investigation into violent extremism some years ago. But Basu said he was not a "subject of interest" for counterterrorism police or the intelligence services before last week's attack.

Masood was born Adrian Elms, but changed his name in 2005, suggesting a conversion to Islam.

Basu said there was no sign Masood was radicalized during one of his stints in prison, the last of which was in 2003.

THE ASSOCIATED PRESS

HONG KONG ESCALATOR ACCIDENT SENDS PASSENGERS HURLING



Video footage shot by witnesses showed that an upwards escalator at Mong Kok mall in Hong Kong suddenly reversed and went downward at an obviously higher speed, causing dozens of passengers to lose their balance and tumble down. "It was so sudden that people couldn't respond in time ... more than 10 people piled up near the base of the escalator," shopper Lau Kit-ying told the South China Morning Post. The escalator reportedly passed a safety inspection just last week.

TORSTAR NEWS SERVICE/SCREENGRAB

VIDEO ON THE METRO APP

AIRLINE

Leggings allowed: United

United Airlines says regular-paying flyers are welcome to wear leggings aboard its flights, even though two teenage girls were barred by a gate agent from boarding a flight from Denver to Minneapolis because of their attire.

An airline spokesman said that the girls were travelling Sunday under an employee travel pass that includes a dress code. The move sparked a wave of online criticism against United. Comedian Sarah Silverman tweeted that she would change her United flight bookings to other airlines for a tour next month because of the leggings issue.

Chicago-based United sought to clarify its stance in a post on its website late Sunday titled, "To our customers ... your leggings are welcome!"

The post says employees are "regularly reminded" about its dress code.

One of United's competitors, Delta, had some fun with the controversy Monday, tweeting: "Flying Delta means comfort. (That means you can wear your leggings.)"

THE ASSOCIATED PRESS

UNITED STATES

Feds threaten sanctuary cities

Attorney General Jeff Sessions on Monday warned so-called sanctuary cities they could lose federal money for refusing to co-operate with immigration authorities and suggested the government would come after grant money that has already been awarded if they don't comply.

Sessions said the Justice Department would require cities seeking some of \$4.1 billion available in grant money to verify that they are in compliance with

a section of federal law that allows information sharing with immigration officials.

Meanwhile, municipal leaders gathered in New York vowed to defy Trump's crackdown as they gathered for a small conference that attracted officials from cities including San Francisco, Seattle, Denver, Chicago, Philadelphia and New York.

"We are going to become this administration's worst nightmare," said New York City coun-

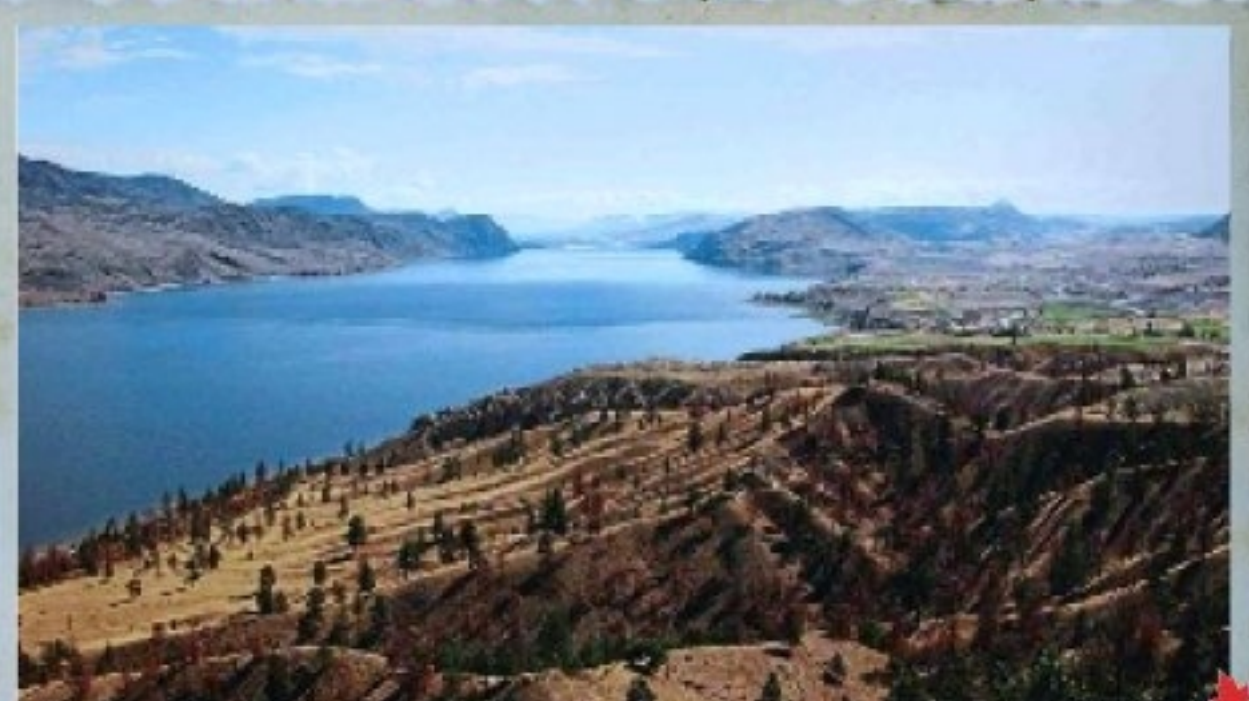
cil speaker Melissa Mark-Viverito.

Mark-Viverito and others promised to block federal immigration agents from accessing certain private areas on city property, to restrict their access to schools and school records and to offer legal services to immigrants in the country illegally. City officials were also encouraged to embrace their rarely used oversight and subpoena powers to investigate federal immigration practices. THE ASSOCIATED PRESS

150 WAYS of looking at Canada

POSTCARD NO. 56

KAMLOOPS LAKE, SAVONA, B.C.



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Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at scene@metronews.ca or post to Instagram or Twitter with the hashtag #150postcards.

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Immigrating to Canada is often the realization of a personal dream or the pursuit of safety and liberty. Our professional mission for over 30 years has been to creatively guide to Canada people from every corner of the earth rich with family and history, and anxious to contribute to Canada.

We are recently settled in a new, expanded office ready to welcome you.



BLUEPRINT by Sarah-Joyce Battersby

A whole solution in half a house

Forget giving it 110 per cent — when it comes to affordable housing, 50 per cent gets the job done.

Build half a house. That's Chilean architect Alejandro Aravena's plan to tackle the global housing shortage. Dubbed 'incrementality,' the plan has earned Aravena international acclaim. **Metro asked Michael McClelland, founding partner of ERA Architects, if it could happen here.**



1 Guidance required Half-houses already built in Mexico and Chile feature a full frame and a line down the middle. One half is a fully functioning home. The other is empty space the new owners can fill as they wish. The design cuts costs and creates pride of ownership for residents.

2 The right tenant Nothing inherent in the plan would stop Canadians from trying it, said McClelland, but it could be more suitable for particular tenants. He envisions affordable live-work spaces, with housing completed by pros and the workspace handed over to artists.

3 Location, location, location Plunking a subdivision of half-houses into dense urban areas isn't likely, said McClelland, but large areas slated for development are an ideal canvas.

4 After the War Amateur house-building kits were popular after the Second World War, when housing needed to go up fast. To that end, Aravena's firm released drawings for four of its low-cost designs for free download by others wanting to emulate the project.

5 Now's the time The federal budget released last week included \$11.2 billion for housing initiatives over 11 years. That means it's the perfect time to start dreaming up big, bold ideas, McClelland said.

WORD ON THE STREET by David Hains

Five simple steps to build a happy city



Charles Montgomery
TORSTAR NEWS SERVICE

For urbanist author Charles Montgomery, the overriding goal of city planning is clear: Make people happy.

Montgomery, the author of the 2013 book *Happy City*, had this revelation when he learned about Enrique Penalosa, the former mayor of Bogotá, Colombia, who dedicated himself not to increasing the Colombian capital's GDP or reducing crime, but to increase residents' happiness.

Earlier this month, Canada ranked seventh of 154 countries on the UN's World Happi-

ness Report: Not bad, but still our lowest score ever. Canadian cities could be happier. We asked Montgomery how.

Experiment

Montgomery said cities should try new ideas and measure what works. "The city is a laboratory," he said.

Understand what makes happiness

Some of the metrics behind happiness, like GDP per capita and life expectancy, are predictable. But others aren't as obvious, including generosity, trust and the freedom to make

life choices. Montgomery said these elements are critical to building a happy city, and the greatest contributor to unhappiness is low social trust.

People want to live in happy cities

If you ask people where they would like to live, there's a good chance they'll describe a happy city, where there's the freedom to walk to work or shopping, and spaces to interact with neighbours and be close to nature.

Authentic spaces

Montgomery said the best

public spaces for happiness are non-corporate and comforting. He cites a Portland, Ore. neighbourhood that transformed an intersection into a public piazza. "There was a blast radius of happiness around there," he said.

Power to the people

In order to enable more of these happy spaces, Montgomery said people should feel empowered to shape their city. "Most of us never get a chance to co-create our lives in cities," he observed. But we'd be happier if we did.

PUBLIC WORKS The week in urbanism



GODZILLA VS. CARS

An urban designer slash comic-maker is highlighting the perils of being a pedestrian in Delhi (where 17 people die in traffic accidents every hour). In one of his short animations, people tower over the city, flicking away cars.

BEING JANE JACOBS

Have you ever wanted to take down the Godzilla of urban planning, New York's highway-loving Robert Moses? With the free mapping tool Un-Moses, you can. Built by Jeff Sisson, the tool removes urban highways from your city of choice to reveal all the opportunities that lie beneath.

URBAN DICTIONARY



DEFINITION

Placemaking has become increasingly popular since the 1960s, and refers to a process and philosophy for making good public spaces. It's all about "strengthening the connection between people and the places they share," according to Cities for People.

USE IT IN A SENTENCE

When the public square was re-purposed for a concert and public art done by kids, it was **placemaking** in action.

CITY CHAMP

Vancouver-based **Melissa Bruntlett** and her partner sold their family car in 2010 and soon after launched Modacity, a website and consulting firm promoting cycling, walking and public transit. She also pens a #WomenInUrbanism series. **@mbruntlett**





A taste of Indigenous culture

FOOD

Chefs aim to raise awareness of traditional native foods

Canadian cuisine might include a mix of culinary traditions, but the food of one of the country's founding groups is largely missing. An emerging group of indigenous chefs and restaurateurs hope to change that.

Rich Francis, chef-owner of Seventh Fire Hospitality Group in Saskatoon, says he's "cooking for reconciliation" as he specializes in his interpretation of modern indigenous cuisine.

"Everything that's been taught in school is through a colonial lens. It's not our story. It's colonial books, so now I'm stepping into a time where we are telling our own stories through our own lens and our own vision."

Francis, a member of the Tetlit Gwich'in and Tuscarora Nation and originally from Fort McPherson, N.W.T., was a finalist on Top Chef Canada and is opening a restaurant this summer.

Meanwhile, he's catering and conducting events like a recent Cooking for Reconciliation dinner series in Vancouver, where he focused on local indigenous foods such as halibut, razor clams, and stone fruits.

Lenore Newman, a B.C. professor with a Canada Research Chair in food security and environment, says the country is



Tina Ottereyes manages Tea-N-Bannock, where the menu reflects different First Nations groups. A sample of a meal shared on Instagram: soup, bannock and wild salad (top right). Another eatery, NishDish, serves Anishinaabe cuisine such as gluten-free corn cake with blueberry coulis (below right). RANK GUNN/THE CANADIAN PRESS; INSTAGRAM



seeing a resurgence in indigenous food "and a very timely one that needs to happen."

"I think there is still serious reparation to be made, though."

During work for her recent book, *Speaking in Cod Tongues: A Canadian Culinary Journey*, Newman learned of indigenous groups' huge role in helping early settlers survive.

"Then you enter this horrible period where indigenous cuisine was actively destroyed and used as a weapon. The biggest example is the clearing of the bison and how that was basically a genocide," says Newman.

"Out here on the West Coast the potlatch was banned. In residential schools, people were taken away from their indigenous foods. They were prevented from using them or talking about them."

"We have a lot of reckoning to do and some of that is culinary. And so what that meant was for a very long time you didn't hear about indigenous cuisine except very peripherally as kind of exotic."

Tina Ottereyes, who manages Tea-N-Bannock, agrees First Nations food is "very underrepresented" in Canada's restaurant

"You won't find any of this stuff in history books or cookbooks."
Rich Francis

sphere and is happy more eateries are opening.

"We're starting to share more of our culture and more of our food," says Ottereyes, from Wemindji Cree First Nation on James Bay in Quebec.

"When I grew up we hunted and we trapped and we fished. That was my culture, that was the food that I ate.... Each tribe has a different diet according to their area."

The menu at Tea-N-Bannock reflects traditional dishes from different tribes.

Hominy corn grown by a local farmer is the base for their Ojibwa corn soup, made through a labour-intensive process, while wild rice comes from First Nations people in northwestern Ontario.

Though meats like elk and bison are prepared tradition-

ally, they are farmed, not wild, because the product must be certified and inspected.

Francis says there should be some leniency when it comes to wild food.

"The regulations put in place by the government don't allow us to fully express ourselves," he explained.

Elsewhere in Toronto, NishDish, a cafe focused on Anishinaabe recipes, was slated to open this month in Toronto.

A smattering of colleges also offer indigenous culinary courses.

THE CANADIAN PRESS

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Intelligent is the new sexy for daters

ONLINE DATING

Self-identifying as sapiosexual is the latest way to stand out

According to his Tinder profile, Liam Nelson, 26, likes good music and good food. He dislikes bad music and bad food. He also considers himself sapiosexual.

To Nelson, who is straight and works as a recruiter in Toronto, this means not necessarily a woman's IQ but her emotional maturity and open-mindedness. He knows it's entirely subjective.

"It's no different from saying: 'I'm attracted to brunettes.' It's not some sort of strict rule. It's what we know about ourselves in terms of what tends to push our buttons in order to feel attraction," Nelson says.

"Sapiosexual" refers to those "sexually attracted to highly-intelligent people," according to Merriam-Webster. Derived from the Latin for wise, sapiosexuality is technically genderless.

While the concept isn't new, the term has become a common declaration on dating apps.



"Sapiosexual", the new term sweeping online dating sites, recognizes the subjective attraction of intelligence. ISTOCK

Because it's 2017, there is, of course, an app for this. Newly-launched Sapio, designed for those "sick of superficial hookup apps," claims to have 50,000 new users in the last month.

"Sapiosexual" was defined as early as 2004 on Urban Dictionary as "one who finds intelligence the most sexually attractive feature."

The definition has been updated several times in the last few years to take on a more

cynical tone appropriate for the digital age. From 2016: "For many, defining oneself as sapiosexual is also a statement against the current status quo of hookup culture and superficiality, where looks are prized above all else."

Some critics say sapiosexuality is ableist and possibly discriminatory, as intelligence comes in many forms.

"The saying 'smart is sexy' is problematic because you're insinuating (probably uncon-

sciously) that those who aren't 'traditionally' smart are less attractive," wrote one commenter on a Facebook thread. The website Bustle called sapiosexuality "the worst dating trend" because it seems exclusionary.

Lindsay Gonder, 33, says she always swipes left on — ignores — self-proclaimed sapiosexuals. She doesn't like what the label implies: the pressure to perform "being smart" in order to appear attractive to someone else.

She also rejects the idea that intelligence and sex are mutually exclusive. "I can be intelligent and just want to hook up, and it's my decision," Gonder says.

Intelligence is an increasingly desirable trait in a partner, according to what's known as the American mate selection survey.

The most recent analysis, published in 2015 in the Journal of Family Issues, found men ranked "education and intelligence" fourth, up from 11th

+ SUBJECTIVE

Some individuals are attracted to social or emotional intelligence; others to intelligence based on education or intellect, says Sapio co-founder Kristin Tynski.

Sapio users are encouraged to answer questions such as "What is the purpose of life?" or "What would your parents be most surprised to learn about you?" Users then search for response-based matches.

in 1939. Women ranked intelligence fifth, up from ninth 80 years ago. (Both sexes rank mutual love and attraction first.)

"There's no blanket, universal definition of intelligence," says Florida-based Sapio co-founder Kristin Tynski says.

And self-described sapiosexuals told us the attraction was less about having an advanced degree than someone's perspective or curiosity about the world.

TORSTAR NEWS SERVICE

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For more information on **Duke** and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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Nelly Furtado is back, and as pro-mischievous as ever

MUSIC

Restless artist's latest album offers another left turn

Ben Raynor
scene@metronews.ca

Nelly Furtado has an admirable track record of doing whatever Nelly Furtado isn't supposed to be doing at any given moment.

She followed up a multi-platinum 2003 debut album, *Whoa, Nelly!*, with an earnestly multicultural big-budget folk-pop followup, *Folklore*, that contained nothing remotely resembling *I'm Like a Bird*. Then she released *Loose*, a sexy, au courant Timbaland-produced club record that had some fans worrying about a "sellout," but which would move 12 million copies worldwide on the back of monster singles like *Maneater* and *Promiscuous*.

The logical thing for a Portuguese-Canadian gal from Toronto (via Victoria) to do next? A Spanish-language album entitled *Mi Plan*, of course.

Now, after a five-year hiatus following 2012's *The Spirit Indestructible*, during which she sought escape from the music industry in pottery, playwriting classes and other art projects, the 38-year-old has teamed up with unlikely producer John Congleton — whose exhaustive résumé includes records by such indie-rock stalwarts as Spoon, the War on Drugs and St. Vincent — for *The Ride*, out on Friday.

A quirky, groove-oriented lark full of squelched-out basslines, rhythmic and melodic left turns, and even a hint of Krautrock



Victoria-born Nelly Furtado has a new album, *The Ride*, coming out at the end of March. CARLOS OSORIO/TORONTO STAR

here and there, *The Ride* is probably not the album you expected Nelly Furtado to make in 2017. But then again, she hasn't really given us much of a pattern upon which to base expectations.

"I think I'm mischievous," says Furtado, hanging out at the Palmerston Ave. location of rare-vinyl mecca Cosmos Records, where she sought added inspiration between albums by working shifts behind the counter. "I have a healthy sense of mischief, so I think doing the unexpected satisfies the Puck in me. It's like: 'A-ha! Let's cause some trouble!'"

"When people find out who produced (*The Ride*), it's like: 'Oh, that's interesting? What were they doing in the studio together?' And I love that. I love making people think. I don't like

to do the same thing twice... I'm always seeking to learn. So I always wondered quietly: 'What would it be like if I teamed up with an alternative producer? Like, a real, traditional, alternative producer.'"

Furtado was introduced to Congleton via Annie "St. Vincent" Clark, whom she befriended a few years ago when playing a festival in Japan.

After hearing Congleton's work on 2014's acclaimed *St. Vincent*, Furtado slyly prevailed upon Clark to pass along his number and rang him up in Texas. And, although she will concede "I think he was suspicious" at first, the two hit it off immediately and decided what the hell, knowing full well they were both taking a bit of a gam-

ble on the project.

"We both had a lot to lose and a lot to gain, you know what I mean?" says Furtado. "We were both taking a risk by working with each other. But when both parties have some skin in the game, you both really want to make it work. You're there for a reason."

"And the reason just emerges. For him, he was hell-bent on me just showing my artistic side. But I had to prove myself to him as an artist first. But I think that's my whole thing: I like to show people what I can do."

Congleton was merciless, but in a good way. Furtado played him everything she'd demoed and "he didn't like any of it."

Eventually, the two realized they shared an enthusiasm for

improvisation and the creative floodgates opened, with Congleton throwing random beats around and Furtado unearthing some older songs and finding new life in them.

"All I wanted was a singular-sounding album and I think John provided that," she says.

"As a singer, actually, he also pushed me. I sing the lowest note I've ever recorded on *Dreams* and the highest note I've ever recorded on a song called *Live*. Octaves between them. On *Live*, I was like: 'Really, John, are you sure want the chorus in the higher octave? It's really high. I sound like a whiny wild animal.' And he said: 'Nope, I like it. Because it has urgency. It has urgency and you sound like what you're singing.'"

Gossip DIGEST

MUSIC

Rotten support for President Trump

Punk legend Johnny Rotten has voiced his support for President Donald Trump. The former Sex Pistols front man told ITV's *Good Morning Britain* that Trump "terrifies politicians and this is joy to behold." He says he looks at Trump as "a possible friend."

THE ASSOCIATED PRESS

TV

The Handmaid's Tale headed to Canadian TV

A highly-anticipated adaptation of Margaret Atwood's *The Handmaid's Tale* has landed a Canadian broadcaster.

The first season of the Toronto-shot drama, starring Elisabeth Moss, will debut on Bravo on April 30, and continue to air on subsequent Sundays. The

entire first season will also launch on Bell Media's video streaming service CraveTV this spring.

THE CANADIAN PRESS

FILM

Actress Shailene Woodley reaches deal in pipeline protest

Hollywood actress Shailene Woodley has reached a plea deal with

no jail time over her involvement in protests against the Dakota Access oil pipeline in North Dakota. She agreed Friday to plead guilty to misdemeanor disorderly conduct.

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JOHANNA SCHNELLER WHAT I'M WATCHING

Final Girls season is brilliant

THE SHOW: *Girls*, Season 6, Episode 4 (HBO)
THE MOMENT: Desi's rehab

Desi (Ebon Moss-Bachrach), a musician, is in rehab. With a facilitator present, he confronts his ex-wife, Marnie (Allison Williams). "I've been thinking," Desi begins. He coughs. "Can I have some water?" Slowly, he pours water into a glass. More slowly, he drinks. With the glass half empty, he pauses. He drinks again.

Finally, he speaks. He tells her she made everything worse, and then when he was struggling, she walked away.

"I shut down?" she protests. "I gave up? Do you have any idea how hard this has been for me? I have bruises all over my body from the two-hour massages that I need to deal with the stress of your addiction."

I have loved this series from the beginning, but this final season is brilliant. Creator Lena Dunham, her writers, cast and crew are killing it in every direction, pushing each moment to its limit.



Marnie's (Allison Williams) narcissism is on full display in the final season of *Girls*. CONTRIBUTED

The criticism that's been levelled repeatedly at this show is that the characters are self-involved — as if Dunham's unaware of that; as if she's not deliberately parsing that behaviour. With this episode, she's throwing down: You think they're narcissists? I'll show you narcissism.

Just watch what Williams does with her body as Desi pours that water. Marnie simultaneously writhes with impatience yet believes that she's being supremely controlled and mature. She's feigning open-mindedness but is clearly just waiting for noises to stop coming out of Desi's

mouth so it can be her turn to speak. He's every bit as magnificently monstrous. It's narcissism as pure comedic gold.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

TV AND FILM

Jenkins switches to TV for next project

Moonlight director Barry Jenkins will follow up his Oscar-winning film with a drama series for Amazon based on Colson Whitehead's *The Underground Railroad*.

Amazon announced Monday that it will develop the TV series, with Jenkins writing and directing the adaptation of the 2016 National Book Award winner. Whitehead's *The Underground Railroad* is a part-historic, part-surrealistic novel about a slave who escapes on an actual railroad.

"Going back to *The Intuitionist*, Colson's writing has always defied convention, and *The Underground Railroad* is no different," said Jenkins in a statement. "It's a groundbreaking work that pays respect to our nation's history while using the form to explore it in a thoughtful and original way."

Jenkins has already been at work on the series, though how many episodes are planned was not announced. He is to write and direct.

Moonlight, which last month won best picture, was Jenkins' second film following

2008's well-regarded but little-seen *Medicine for Melancholy*. Made for just \$1.5 million, *Moonlight* has grossed more than \$56 million worldwide. It also won Academy Awards for Jenkins' screenplay, based on Tarell Alvin McCraney's play, and for Mahershala Ali's supporting performance.

The Underground Railroad will reunite much of the team behind *Moonlight*. Like that film, it will be produced by Adele Romanski and Brad Pitt's Plan B.

THE ASSOCIATED PRESS



Barry Jenkins' next project? *The Underground Railroad*.

ASSOCIATED PRESS



SPONSORED CONTENT

RBC

A springboard into the work world for young adults

Career Launch program now template for other companies to develop strong internship programs for people under 24

At 23, Karolina Kopylec was struggling to find her feet in the work world. A recent criminology grad from the University of Ottawa, she was working two jobs — one in sales at a gym and the other as a server at night.

"I wasn't sure I wanted to pursue a career in criminology," she says, admitting she chose her major at 16, largely because "at the time I was watching *CSI*."

Yet, she had no credentials or work experience in other fields. "I felt a little stuck," she says. "Everyone wants three to five years' experience, but how do you get that if you don't have the background?"

That's when Kopylec stumbled on RBC's Career Launch program for college and university grads struggling to make the

transition from school to practical, hands-on experience.

"The world of work has changed," says Madeleine Barker, director, development programs at RBC. "Things are moving faster and employers expect new employees to get up and running quickly." And yet, she says, skills learned through post-secondary education often don't easily translate without additional support or mentoring in the work world.

RBC's Career Launch attempts to remedy that through a yearlong paid internship for 100, under 24-year-old, post-secondary grads from across Canada. The bank gets about 1,500 applicants yearly from backgrounds as diverse as accounting and kinesiology. It whittles the numbers down via a lottery.

For Kopylec, who now has a permanent position at RBC, the internship was life changing. "I'm a completely different person from when I started," she says. "I gained confidence and got pushed beyond my comfort zone. But I felt supported in that."

Career Launch is part of RBC Future Launch, Canada's largest corporate commit-



RBC's Career Launch program helps new grads under 24 (such as Karolina Kopylec, centre) quickly build their resume via yearlong, paid internships. CONTRIBUTED

ment to helping prepare young people for the future of work. RBC Future Launch will invite new ways of thinking, working with a wide range of partners and experts to provide equitable access to opportunities and solutions in the world of work for today and into the future.

"But we don't have all answers and we can't do this alone," says Barker.

Hence RBC's most recent initiative: the Launching Careers Playbook. "Heading into our fourth year of the program, we've learned a lot," says Barker. "We want to inspire and enable other employers — from large organizations to small businesses — to offer

internships of their own."

Launching Careers Playbook incorporates "everything we've learned through Career Launch" in an online toolbox aimed at helping employers provide a great early-career experience for young adults. Employers can access info on managing and designing successful internship programs, as well as coaching and mentoring young adults.

That's important, says Barker, because ultimately, everyone benefits when young adults are able to unlock their potential.

To learn more, visit rbc.com/futurelaunch.



Sens rally behind goalie

NHL
Anderson has put game in perspective with wife ailing

Craig Anderson's quiet perseverance has spoken volumes for the Ottawa Senators.

The Senators' No. 1 goaltender has missed parts of the season to be with his wife Nicholle as she battles a rare form of throat cancer. Yet through 34 games Anderson is 22-10-0-2, and his ability to remain focused has been an inspiration to his teammates and management.

"The fact he's been able to juggle all that together and keep his cool and keep his performances up to the level is absolutely outstanding and you have to be inspired by that," coach Guy Boucher said Monday after Anderson was voted Ottawa's nominee for the Bill Masterton Trophy, awarded annually to the player who best exemplifies the qualities of perseverance, sportsmanship and dedication.

Nicholle was diagnosed with nasopharyngeal cancer in October. Anderson, with the support of management and teammates, took an extended leave from the Senators in early December to be by his wife's side while she underwent treatment in New York.

He returned to the team Jan. 31 and played his first game in over two months on Feb. 11, posting a 3-0 shutout over the New York Islanders.



Goaltender Craig Anderson and the Senators sit three points behind Brendan Gallagher and the Canadiens in the Atlantic Division.

ADRIAN WYLD/THE CANADIAN PRESS

Being with the team and playing has been a respite for Anderson from the worry and stress the family has gone through this season.

"It's always on the mind, but I feel the three hours we get at the rink is definitely a time to put things aside and exert your

energy and frustration out that you might have and just go out there and give everything you can and then when you take off the equipment then you can address real world problems after that," he said.

And the experience has put the game back in perspective

for the 35-year-old.

"It makes the game feel like it's just a game again. When you're growing up as a kid the game of hockey is supposed to be fun and enjoyable and I think sometimes that gets lost as you get older and becomes more of a job.

"But at the same time, if you love your job you're going to enjoy it more and you're going to have more success at it so it doesn't change here.

"Sometimes you lose sight of that, but when you go through

difficult times away from the rink it makes you realize that it is a game and you are supposed to have fun while you play it and that's kind of how I approached it."

The Senators (41-25-8) will spend the next eight days on the road as they embark on a four-game road trip where they will look to clinch a play-off spot. They sit three points back of Montreal for first in the division and have a five-point lead on the third-place Toronto Maple Leafs. THE CANADIAN PRESS

Canadian clubs make great gains in 2016-17

The embarrassment of an empty Canadian spring in the NHL has been wiped away.

Canadian teams have made huge strides from last season, when all seven squads missed out on the playoffs for the first time since 1970. In fact, five of the seven biggest leaps in points from last season to this season are projected to come from Canadian clubs, with the second-biggest coming out of Edmonton.

Projected point gains from last season (entering Monday's action):

1. Columbus Blue Jackets - 38
2. Edmonton Oilers - 29
3. Toronto Maple Leafs - 25
4. Montreal Canadiens - 20
5. Calgary Flames - 19
6. Minnesota Wild - 17
7. Ottawa Senators - 15
- T-10. Winnipeg Jets - 3
- T-17. Vancouver Canucks - minus-1

Which teams are due for the biggest dips from last season?

30. Colorado - minus-34
29. Dallas - minus-29
28. Florida - minus-18
27. Los Angeles - minus-17
26. Detroit - minus-13

THE CANADIAN PRESS

99

The Oilers are projected to finish with 99 points this season, 29 more than in 2015-16.

SNOWBOARDING

McMorris suffers multiple injuries

An accident on a jump "well within his skill level" in British Columbia's backcountry has left Canadian snowboarding star Mark McMorris with serious injuries.

A medal favourite at next year's Winter Olympics in Pyeongchang, South Korea, McMorris is recovering in a Vancouver hospital from a broken jaw, broken left arm, ruptured spleen, stable pelvic fracture, rib fractures and a collapsed left lung. THE CANADIAN PRESS



Mark McMorris GETTY IMAGES

IN BRIEF

Brown wins national men's slalom title

Toronto's Phil Brown was crowned national men's slalom champion after finishing third in Monday's race at the Canadian skiing championships.

Brown entered the second run with a lead, but made a costly mistake to finish with a total time of two minutes 6.27 seconds.

AJ Ginnis won with a time of 2:05.52 and fellow American Michael Ankeny finished second in 2:06.16.

THE CANADIAN PRESS

Hockey Canada downsizing ice surfaces for youngsters

Hockey Canada says it will make it mandatory that children (ages 5-6) getting their introduction to the game play on reduced-size ice surfaces.

"We've coined the phrase, 'Decrease the space, increase the pace.' It does make all players better," said Paul Carson, Hockey Canada's vice-president of membership development.

The mandatory policy will take effect for the 2017-2018 season. THE CANADIAN PRESS

PAY EQUITY

U.S. senators push for end to dispute

Fourteen U.S. senators wrote a letter to USA Hockey's executive director Monday over their concerns about the treatment of the women's national team.

Players have threatened to boycott the upcoming world championships over a wage dispute. The senators, all Democrats, urged

David Ogren to resolve the matter and ensure the team receives "equitable resources." They cited the Ted Stevens Olympic and Amateur Sports Act.

USA Hockey's board of directors were to meet Monday, and players said Sunday night they hoped there's a deal.

THE ASSOCIATED PRESS

These elite athletes indeed deserve fairness and respect.

The senators' letter

MAKE IT TODAY

Fresh Butternut Squash and Black Bean Quesadilla



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

We've never met a lunchbox that doesn't love a quesadilla.

Ready in 1 hour

Prep time: 10 minutes
Cook time: 50 minutes
Serves 4

Ingredients

- 5 cups butternut squash, peeled and cubed
- 1/2 tsp cumin
- 1/2 tsp cinnamon
- 1 tsp chili powder
- pinch of salt and pepper
- 1 Tbsp olive oil
- 1 x 14 oz can black beans, rinsed
- 2 cups grated cheddar cheese
- big handful of cilantro, chopped
- 8 tortillas

Directions

1. Preheat the oven to 350 degrees. In a large bowl, toss squash with spices and olive oil until well coated.

2. Spread evenly on baking sheet and place in oven for 20 minutes.

3. Remove from oven and add beans to baking sheet. Give everything a stir and again, spread evenly on the sheet. Place back in oven for 20 minutes.

4. Drizzle a bit of oil in skillet over medium heat. Place a tortilla down and spread 1/4 of the squash and bean mixture to the edge of the tortilla. Sprinkle 1/2 cup of grated cheese and then a bit of cilantro. Top with another tortilla. Place a plate on top and press down firmly. Cook about five minutes until tortilla is golden and cheese is beginning to melt. Carefully flip quesadilla over and cook another five minutes on the other side. Repeat with the rest of your tortillas and squash.

5. Cut cooked quesadilla into quarters and serve with guacamole, sour cream and salsa.

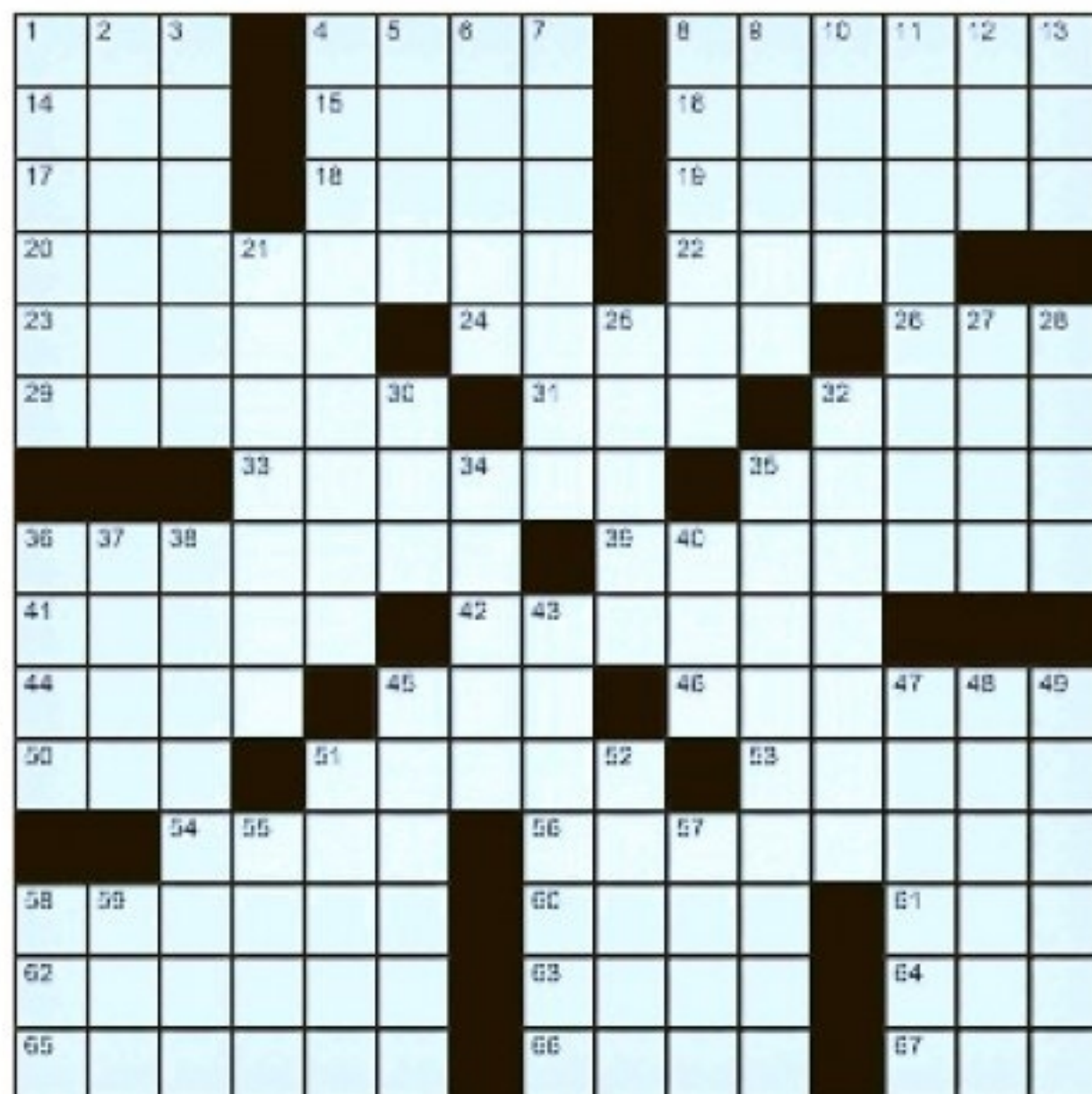
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. "The _ Diary" (2011)
4. Montreal Canadiens, to fans
8. Talkative
14. With _ _ (How #49-Down's answer begins)
15. Not well-y
16. British actor Hugh of "House"
17. Canuck financial inst.
18. Bob _ (Former anchor on "Entertainment Tonight")
19. Broken, as promises
20. Alberta: Paddle River town northwest of Edmonton
22. Raised flatland
23. Nonpareil
24. Unstable, like a boat in rough waters
26. Dance style
29. Named/designated
31. Weep
32. Canadian contractor Mr. Holmes
33. "That very well may be...": 2 wds.
35. Group ruled by Odin
36. Ohio, The _ State
39. Component
41. "I'm with You" singer Ms. Lavigne
42. From Sea to Sea: 'A Mari Usque _' (Canada's motto)
44. No, in Germany
45. Grand _ (Wine classification)
46. Boss, head _
50. Suffix with



'Euclid'

51. Wine holders
53. Fender guitar, familiarly
54. "Star Trek II: The Wrath of _" (1982)
56. Northeastern Alberta town: 2 wds.
58. Soundless
60. Mike's "Wayne's

World" (1992)

61. Handheld mobile device [acronym]
62. Exaggerate
63. 'Hypn' suffix
64. "I-i-c-k-y!"
65. Professor's preparation
66. Distribute the

divisions

67. Gr. that kidnapped Patty Hearst

DOWN

1. Bunny
2. Not yet fabricated
3. Pier anchorer
4. 'Gateway to the South' town in northern

Alberta: 2 wds.

5. Soother-of-skin succulent
6. Lamb's utterance
7. Representatives, such as in business transactions
8. Like hand-fuls of soil
9. Mr. _ (Schemer)

- on classic sitcom "Green Acres")
10. Diving birds
11. Scholar's essay
12. Pencil part
13. Nevertheless
21. Baking/serving bowl
25. Preamble
27. Similar
28. 2in1 hair care brand
30. Susan of "L.A. Law"
32. Movie of 2000 for Australian actor Guy Pearce in which Vancouver-born actress Carrie-Anne Moss also starred
34. Approaches
35. Division of Canadian firm Bombardier Inc
36. Scourge
37. Iris's place
38. Sounds like walked-upon dry fallen leaves
40. "Well, _-di-dah."
43. Cambridge, for Prince William
45. Uri, for William Tell
47. "Sheesh!"
48. Baroque composer of the oratorio Messiah
49. ByWard Market city
51. _ _ attitude (Positive person's asset)
52. Writing tablet
55. His 'n' _
57. Work with needles and yarn
58. Pine _ (Cleansing product)
59. "You're All _ Got To-night" by The Cars

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Put a lid on things today, because it's easy to get out of control since you are more emotional than usual. In fact, you are intense and a bit over the top! Easy does it.

Taurus April 21 - May 21
Today you might do a slow boil about something behind the scenes, because you are quietly annoyed. The problem is that you cannot speak up. This is always frustrating.

Gemini May 22 - June 21
Be patient with a friend today, or with someone who is a member of a group to which you belong. There's no point in fighting with someone. What's the upside?

Cancer June 22 - July 23
You are high-viz today and extremely focused on something related to bosses, parents or some kind of authority figure. Don't get carried away.

Leo July 24 - Aug. 23
Avoid subjects like politics, religion and racial issues today, because these are too touchy. Your response to others will be too emotional.

Virgo Aug. 24 - Sept. 23
Disputes about shared property, inheritances, wills and insurance issues might arise today. If so, you will have strong feelings about something. Just remember your objectives.

Libra Sept. 24 - Oct. 23
You will have to go more than halfway to get along with others today. Just accept this and be cooperative. Make your life easier.

Scorpio Oct. 24 - Nov. 22
Avoid arguments with co-workers today, because people are opinionated and pushy. Save your bright suggestions for another day. You'll be glad you did.

Sagittarius Nov. 23 - Dec. 21
Parents might be challenged by hissy fits and meltdowns from their kids today. Be patient and loving. Likewise, romantic partners will have to be easygoing in order to avoid fights.

Capricorn Dec. 22 - Jan. 20
Your desire to make some improvements at home could be met with resistance. Don't be too pushy. In time, you will get your way. If you push too hard today, you only will increase opposition.

Aquarius Jan. 21 - Feb. 19
Today you are more emotional than usual, especially during your discussions with siblings and relatives. Try not to let your feelings get in the way of your common sense.

Pisces
Feb. 20 - March 20
If shopping today, you will be obsessed with buying something: "I have to have it!" Be careful. Don't do anything you will regret later.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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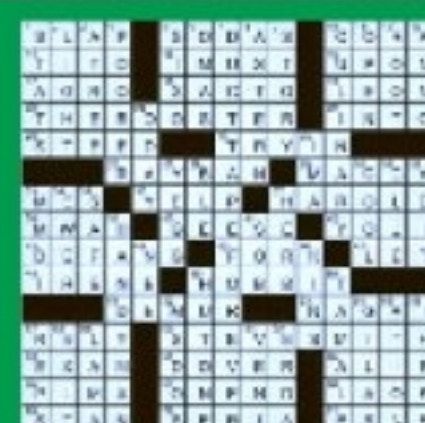
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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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7	5	1	3	9	4	8	2	6
2	8	3	6	1	7	9	5	4
4	9	6	5	2	8	1	3	7
5	2	4	9	6	1	3	7	8
8	6	9	7	3	5	2	4	1
3	1	7	8	4	2	6	9	5
1	3	2	4	5	6	7	8	9
9	7	5	1	8	3	4	6	2
6	4	8	2	7	9	5	1	3



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